

— THE COMMUNITY HOUSE —



May 19, 2024

Thank you for stepping up to  
Walk the Walk in support of mental health  
services for all!

## When

Sunday, May 19, 2024

The Walk the Walk will begin at 9:00 AM.  
We recommend all participants arrive by  
8:15 AM.



## Where

The Community House  
415 W. Eighth Street  
Hinsdale, Illinois



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## Event Details

**7:30 AM**

Volunteers & Staff arrive

**8:00 AM – 8:45 AM**

Registration and T-Shirt Pick Up

**8:45 AM**

Opening Ceremony & Prizes Awarded

**9:00 AM**

Walk begins

**9:30 AM**

Food Truck Rally & Health Expo starts

**11:30 AM**

End of event



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## T-Shirt Pick-up

T-shirt pick-up will be held Saturday, May 18 at The Community House located at 415 W. Eighth Street in Hinsdale. You can pick up your t-shirts from 8:00 AM - 5:00 PM. If you are unable to pick up your shirt on Saturday, you can do so on event day, beginning at 8:00 AM. If you require a shirt in a different size, all t-shirt exchanges will begin at 9:15 on event day.

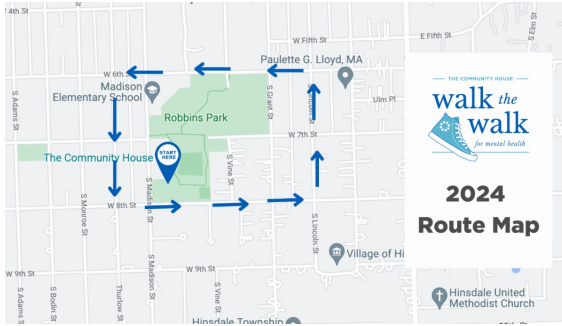


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## Walk Route

The Walk the Walk for Mental Health is 1 square mile, beginning at The Community House (8th and

Madison) and ending back at The Community House for the Health Expo.



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## Parking

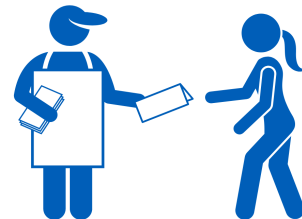
Limited parking will be available in The Community House parking lot and Robbins Park lot. [The Madison School](#) parking lot will also be available. Street parking will be available throughout the area outside of the Walk route included above.



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## Health Expo

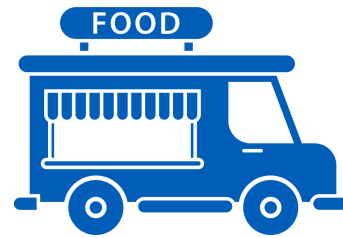
Our Walk the Walk Health Expo will feature local health and fitness vendors as well as our event sponsors.



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## Food Trucks

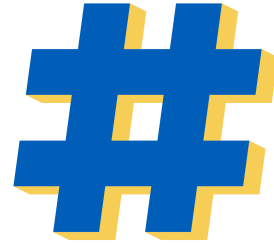
Bring your wallets to purchase delicious food at our Food Truck Rally, featuring [The Original Rainbow Cone Ice Cream Truck](#), [Ben's Soft Pretzels](#), and [Sugar Mama's Mini Donuts](#)!



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## Social Media

The Walk the Walk for Mental Health is an annual tradition in our community, which supports equitable mental health services. You can help us raise awareness by posting your Walk the Walk photos on your social media accounts, using the hashtags listed below. Remember to tag The Community House.



#StepUp #WalktheWalk #ColorWalk

Facebook [@TheCommunityHouseHinsdale](#)

Twitter [@TCHHinsdale](#)

Instagram [@TheCommunityHouse](#)

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## Questions

For questions regarding registration, sponsorships and the Health Expo, please email Maggie Weiterman-Skinner at [mweiterman-skiner@thecommunityhouse.org](mailto:mweiterman-skiner@thecommunityhouse.org).

For questions regarding t-shirt pick-up and event day, please contact Cara Romanini at [cromanini@thecommunityhouse-org](mailto:cromanini@thecommunityhouse-org).



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The Community House | 415 W. Eighth Street | Hinsdale, IL 60521 US

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